

Date:13/03/2020

To
Library In charge,
RIT, Rajaramnagar

Subject:- Submission of reading club activity report for year 2019-20.

Dear Sir,

As per your instruction we completed the reading club activity for year 2019-20. The final presentation of all groups was held on 12/03/2020, 4.00pm, Thursday in departmental meeting hall.

I am sending herewith the details of report. Kindly, accept the same.

Thanking you,

Coordinator

Head

Civil Engineering Department

Encl: 1. List of group's
2. Report details

K E Society's
Rajarambapu Institute of Technology, Rajaramnagar
Department Of Civil Engineering
Reading Club: 2019-20

Sr. No.	Name of the faculty	Group Name	Email id	Book Name	1. Name of Author & Publication
1	Dr. P S Patil, Coordinator	RC1	civil_rc1@ritindia.edu	1. Change Your Thinking Change Your Life 2. How to control your Mind?	1. Mr. Brian Tracy Publication: John Wiley & Sons, Inc. 2. Sandeep Maheshwari, Online E book
2	Prof. P B Salgar				
3	Prof. A S Thorbole				
4	Prof. R D Patil				
5	Prof. D B Kulkanri, Coordinator	RC 2	civil_rc2@ritindia.edu	Mind Your Mind	By Remez Sasson www.SuccessConsciousness.com
6	Prof. D S Patil				
7	Prof. R K Patil				
9	Dr. H S Jadhav, Coordinator	RC 3	civil_rc3@ritindia.edu	Change Your Thinking Change Your Life	Mr. Brian Tracy Publication: John Wiley & Sons, Inc.
10	Prof. Mrs. S N Patil				
11	Prof. S R Deshmukh				
12	Prof. A S Jamadar				
13	Dr. P D Kumbhar, Coordinator	RC 4	civil_rc4@ritindia.edu	Shantishodh	Sayyad Hamid Husen, Islamic Marathi Publication. m (MMM)
14	Prof. Y M Patil				
15	Prof. M M Maske				
16	Prof. S K More				
17	Prof. P M Mohite, Coordinator	RC 5	civil_rc5@ritindia.edu	Wings of Fire: An Autobiography	A.P.J. Abdul Kalam (AAI)
18	Prof. S S Kumbhar				
19	Prof. A A Idate				
20	Prof. V A Kakade				

Group wise Report

Sr. No.	Name of the faculty	Group Name	Book Name	Discussion points
1	Dr. P S Patil, Coordinator	RC1	Change Your Thinking Change Your Life - Mr. Brian Tracy Publication: John Wiley & Sons, Inc.	<p><u>Review : Prof. P B Salgar</u></p> <ul style="list-style-type: none"> • We as human beings are driven by the Mind. The Mind that persistently seeks pleasure and avoids pain. It only thinks about now and what's immediate. Labeling things in a certain way, the mind differentiates pleasure from pain purely from the immediate point of view. • It is short sighted and turns blind when it comes to thinking about the consequences. For the Mind, there's no right or wrong. Instincts are what drive the mind. So conditioned are we by the Mind that we are used to seeing things in a certain way; do things the way we have always done. • However, when we learn to control our mind and master our thinking, it is only then we have the power and freedom to change our lives profoundly. • Ever since the video 'How to Control your Mind' by Sandeep Maheshwari went live on YouTube, countless people reported significant transformation in their lives. Requests started pouring in and the video was translated into this E-Book for more and more to benefit from. • This book is the crux of a dialogue between Sandeep Maheshwari and the audience. The dialogue mainly points out the difference between dual levels of existence. The Mind and the Intellect. It outlines how the Intellect can be used to direct the Mind in the right direction. While giving you a complete demonstration punctuated with real life relatable examples of how to control the Mind, the narrator also spotlights the true level of existence and unveils the infinite amidst the finite world. • Key Lessons from "Change Your Thinking Change Your Life" <ul style="list-style-type: none"> • Start Thinking Positively and Change Your Life • Think Big and Don't Back Down • Small Steps Will Take You a Long Way <p><u>2nd Review : Pramod B Salgar</u></p> <p>Some comments that I want to share with you from book are as below,</p> <p><u>Think Like a Genius</u></p> <p>Make every thought, every fact, that comes into your mind pay you a profit. Make it work and produce for you. Think of things not as they are but as they might be. Don't merely dream—but create!</p> <p><u>Think about The Future</u></p> <p>Keep your eyes open. There are more changes taking place all around you today than ever before. Any one of these changes may be indicative of a trend that could lead on to fortune and success for you. You must be open, awake, and alert to these changes. Nothing remains the same for very long. All your best opportunities will come from applying your knowledge and brainpower to new products and new services in the future.</p>
2	Prof. P B Salgar			
3	Prof. A S Thorbole			
4	Prof. R D Patil			

				<p><u>Three Qualities of Genius</u></p> <ul style="list-style-type: none"> • First, geniuses seem to have <i>open minds</i>. They are curious, questioning, flexible, and willing to consider a wide range of possibilities in dealing with a question or problem. • Second, geniuses seem to approach problems and decisions systematically. They don't throw themselves at a problem like a dog chasing a passing car. • Third, geniuses approach problems with a series of questions. Geniuses first ask, "What exactly is the problem?" and "Why is this problem in the first place?" They then ask, "What would be an ideal solution to this problem?" and "What holds us back from achieving such a solution?" <p><u>1st review : Dr; P S Patil</u></p> <p>I want to share the points in 4th chapter : Change Your Life</p> <p>POSITIVE THINKING</p> <p>Positive thoughts are life enhancing. They empower you and make you feel stronger and more confident. Positive thinking is not just a motivational idea. It has measurable, constructive effects on your personality, your health, your levels of energy, and your creativity. The more positive and optimistic you are, the happier you will be in every area of your life.</p> <p>The Law of Substitution says, "Your mind can hold only one thought at a time, positive or negative. You can substitute a positive thought for a negative thought whenever you choose." You can apply this law by deliberately thinking about something positive whenever you want to cancel out a thought or feeling that makes you angry or unhappy.</p> <p>The Law of Habit says, "Any thought or action that you repeat over and over will eventually become a new habit." When you repeatedly react and respond in a positive way, you take full control over your conscious mind. Soon it becomes automatic and easy to think and act in that manner. By using willpower and repetition, you develop new habits of thinking and acting. By applying this law, you can become a completely positive person and change your life.</p> <p>I read 05 topics from the book change your thinking change your life. Sharing herewith comments. It goes through many different principles in 12 chapters which are directed toward helping you looking differently at one's life. It encourages a person toward changing their thinking style which ultimately leads to changing your lifestyle as whole. Each chapter provides well structured, well written points providing a push for anyone reading it to dream big with an actual plan that will put those dreams into action.</p> <p>I personally found chapter 10 (Supercharge your thinking) the best, if there's one chapter only that you would read, then it's definitely chapter 10. It's about positive thinking. He encourages, as always, to set goals, but he also explains the importance of writing out plans and putting them in motion. Though many of the examples in the book relate to earning more money and enriching your career, you can apply it to any facet of your life. It makes you think about what's really important to you. The exercises at the end of each chapter give you the tools to really change your life.</p> <p>Betty Shine is a remarkable woman. Her ability to diagnose medically, her healing powers</p>
5	Prof. D B Kulkanri,			

	Coordinator	RC 2	Attitude Is Everything: Change Your Attitude ... Change Your Life! - Mr. Jeff Keller Publication: Harper Collins Publishers India Ltd.	and her discovery of 'mind energy' - have made her one of Britain's foremost healers. Mind to Mind tells her story. Like Betty herself, it is cheerful, down-to-earth and full of humour. It reveals how she became aware of her gifts and how she has used her experiences of mind energy to help others. Illustrated with a wide variety of examples and case histories, this is a uniquely helpful and practical book by a woman whose powers have been a comfort and an inspiration to countless numbers of people.
6	Prof. D S Patil			
7	Prof. R K Patil			
9	Dr. H S Jadhav, Coordinator	RC 3	Power of Subconscious Mind - Mr. Joseph Murthy	<p><u>1. Dr. H S Jadhav and team</u> Key Lessons from “Change Your Thinking Change Your Life”</p> <ul style="list-style-type: none"> • Start Thinking Positively and Change Your Life • Think Big and Don't Back Down • Small Steps Will Take You a Long Way <p><u>2nd Review : Pramod B Salgar</u> Some comments that I want to share with you from book are as below, <u>Think Like a Genius</u> Make every thought, every fact, that comes into your mind pay you a profit. Make it work and produce for you. Think of things not as they are but as they might be. Don't merely dream—but create! <u>Think about The Future</u> Keep your eyes open. There are more changes taking place all around you today than ever before. Any one of these changes may be indicative of a trend that could lead on to fortune and success for you. You must be open, awake, and alert to these changes. Nothing remains the same for very long. All your best opportunities will come from applying your knowledge and brainpower to new products and new services in the future. <u>Three Qualities of Genius</u></p> <ul style="list-style-type: none"> • First, geniuses seem to have <i>open minds</i>. They are curious, questioning, flexible, and willing to consider a wide range of possibilities in dealing with a question or problem. • Second, geniuses seem to approach problems and decisions systematically. They don't throw themselves at a problem like a dog chasing a passing car. • Third, geniuses approach problems with a series of questions. Geniuses first ask, “What exactly is the problem?” and “Why is this problem in the first place?” They then ask, “What would be an ideal solution to this problem?” and “What holds us back from achieving such a solution?”
10	Prof. Mrs. S N Patil			
11	Prof. S R Deshmukh			
12				
	Prof. A S Jamadar			
13	Dr. P D Kumbhar, Coordinator	RC 4		<p>This book is originally written by Dale Carnegie, who was an American writer and lecturer and the developer of courses in self-improvement, salesmanship, corporate training, public speaking and interpersonal skills. He was dealing with the job of selling the motor trucks. But he was very unhappy with this job. He is to hate his job as he had to do the job which was not at all expected by Carnegie was when was studying in college. He had dreamed about</p>
14	Prof. Y M Patil			
15	Prof. M M Maske			
16	Prof. S K More			

such a job which could allow him to find some time to read the books and write. Carnegie was very much worried owing to his job's profile. He was not obsessed to earn more money but wanted to live the life happily. One day he decided to leave his job of a travelling salesman, which was his most disliked job. Since writing and reading the books was his passion, he started teaching to adults and could live his life very happily.

While teaching to adults Carnegie realized that the adults, mostly of which were businessmen, were not interested in getting the degree or to achieve any social status. But they use to go to Carnegie's classes to resolve their problems associated with their business works. After several years, Carnegie realized that the all the adults are suffering from some or other worries. Hence, he felt the need of writing a book on 'How to get rid of Worry'. He started searching the books on how one can live the life without worries. But he didn't get sufficient number of books. Since, he could not get any book which could guide the adults, and that is why Carnegie thought to write this book, which is a collection of experiences shared by many people in world who could get rid of the worries and later lived their life happily without the worries.

This book is divided into 8 parts. Of these 8 parts, I have read only 3 parts and 2 chapters from part 4. The author has given certain guideline/rules/principles that need to be followed for becoming free of any worries and which will help us live our life very happily. Some of these guidelines are as given below:

1. Live each day in the present part/tense. Do not worry about tomorrow/future.
2. Ask yourself what will be the worst thing that will happen if you did not solve the problem that has made you to worry. If required keep yourself ready to face that situation. You can then try for resolving the problem giving proper thought over it.
3. Remind yourself that you are harming to your health due to the worries. There is quote 'those who do not know how to face the worries, they die in their younger age'.
4. If you are suffering from any worry, then you need to gather appropriate information for taking decision to resolve the problem. It is written that 50% of worries will be due to non availability of appropriate information for taking the decision. You need to analyze the information.
5. When you are worried about any problem, then you should write the following questions and find their answers.
 - a. What is the problem?
 - b. What is basic reason of the problem?
 - c. In what many ways the problem can be solved?
 - d. Which is the best way to solve the problem?

				<ol style="list-style-type: none"> 6. Keep your brain always engaged in some activity. Engaging our mind/brain in some work is the best solution to keep away all our worries. 7. Apply the rule of average probability of happening of the event that can lead to the worries. 8. Face to the unavoidable incidences / situations. If the event has already taken place make your mind to accept that it is not possible to bring any change in that event. 9. Give 'stop loss' order to all your worries. 10. Do not think on the things that have happened in the past. Bury the past tense. Do not try to cut the sawdust. 11. Think on 'only for TODAY'.... <ol style="list-style-type: none"> a. Abraham Lincoln quote: Most of the people become happy only to the extent to which they desire to be or resolve to be. Happiness/pleasure comes from within and it doesn't have any relation with outside events. b. Only for today, try to change yourself according to the today's world, however it is. Do not try to change the entire world as per your own way. Try to adapt to the world. c. Decide to do the following things only for today.. <ol style="list-style-type: none"> i. I would take care of myself. ii. I will do the exercise, take body care, I will not disregard/neglect/ignore. iii. I will try to make my mind strong only for today. I will not be lazy. I will learn some useful things. iv. I will remain happy today only. I will dress well. I will be good looking. <ol style="list-style-type: none"> v. I will keep aside half an hour for me and relax and think positively. vi. I will not afraid and will remain happy.
17	Prof. P M Mohite, Coordinator	RC 5		<p>The book under review is an autobiography of Bharat Ratna Dr. A. P. J. Kalam, One of the celebrated rockets and missile scientists of India. The reviewer feels compelled to present a brief review of this autobiography because of the following reasons:</p> <ol style="list-style-type: none"> 1. The book unfolds a brilliant account of the success story of India's space rocketry and missile individuals, several of whom, never had any formal training outside India in area of closely guarded technologies relating to missiles, rockets and satellite building. 2. Reading through the pages of this book is indeed a relation of the fact that the real joy of living can be found in ones communication with an eternal source of hidden knowledge with oneself 3. From this biography we feel overwhelmed and emotionally charged with the sincerity and convictions of Dr. A. P. J. Kalam all through the pages of this book. <p>Key Lessons from "Wings of Fire"</p>
18	Prof. S S Kumbhar			
19	Prof. A A Idate			
20	Prof. V A Kakade			

Lesson 1: You will be missed:

“All efforts were made but Dr. A. P. J. Kalam could not be revived,” the Bethany Hospital representative said in a statement. He may not be with us today, but his words of wisdom will keep the wings of fire burning for many generations

Lesson 2: You must have dreams:

Dr. Kalam always believed that in order to see your dreams come true, you first need to have a dream to pursue. He claimed that a dream however impossible brought one close to making it possible, but it was essentially required for one to possess the dream.

Lesson 3: The three keys to a corruption-free country must play their part:

Showing his faith in three key societal members, Dr. Kalam firmly believed that the father, the mother and the teacher have a humungous role to play in making a difference to the nation. He taught us that a country can only become a nation of beautiful minds if these members play their part correctly

Lesson 4: Have courage to think differently:

Dr. Kalam was and will be an inspiration for the youth. He motivated us all to build courage—the courage to think differently, to invent, to travel the unexplored path, to discover the impossible and most importantly, to overcome problems.

Lesson 5: Devotion is necessary:

Dr. Kalam always wanted people of his nation to succeed in their mission. And, his mantra for success was single-minded devotion to the goal. He stressed that to be devoted, is to bear fruits of success

Lesson 6: A leader must be visionary and passionate:

Dr. Kalam gave an incredible definition of a leader. He said that a leader must have vision and passion and he must not be afraid of obstacles that will inevitably cross his path. A successful leader is one who knows how to overcome his problems.

Lesson 7: Difficulties help you enjoy success:

Dr. Kalam's suggestion to someone who has continually failed in his efforts is to never give up. It is through difficulties and failure that one truly enjoys the fruits of his labour. He advised people of the nation to beat their difficulties raw.

Lesson 8: The whole universe works to give you the best:

Dr. Kalam always went out of his way to fill the lives of hard workers and dreams a life of positivity. He assured us that the road to success isn't a lonely one. In fact, the whole universe is with us and it brings the best to people who chase their dreams

Lesson 9: Great dreams will always find a way:

A great dreamer himself, Dr. Kalam believed that great dreams of great dreamers are always transcended.

Lesson 10: A better tomorrow comes from today:

Dr. Kalam propagated building of a better tomorrow. He has time and again asked the people of his nation to sacrifice their today so that our children can have a better tomorrow.

Lesson 11: God helps those who help themselves:

Dr. Kalam was very clear on this principle. He believed that god only helps those who work hard and head strong towards their goal, and not someone who broods over his life doing nothing

Overall Review about the Book: It is an extraordinary storey of a man with extraordinary drive and talent. It narrates the scientific voyage of pioneer and far

sightseeing leader whose actions louder than his speech and whose conduct disarmed his harshest of critics if there was were any.

Photographs

